

PANCAKES

Mix in 1 egg and a cup of milk in a bowl.

Put 2 tablespoons of (plain) flour into the bowl.

Mix it all together.

Add a 3rd tablespoon of flour, and some more milk if necessary, and mix until there are no lumps and the mixture is smooth.

Add a 4th tablespoon of flour, and some more milk if necessary, and mix.

The mixture should be smooth and thick.

Heat a tablespoonful of oil in the frying pan until it is hot. Test by putting a drop of the mixture into it – it should sizzle.

Pour some of the mixture into the frying pan so that it forms a thin layer covering the whole of the bottom of the pan.

Add some drops of colouring if you want. [Patrol points for the best picture/pattern.]

When the top side of the pancake is almost “dry”, turn the pancake over to cook the other side.