

Curry Recipe

1. Slice onion
2. Fry in oil
3. Crush garlic
4. Add to oil & onion
5. Add 4 desertspoons coconut
6. When golden colour (almost brown) add 1 desertspoon turmeric
7. Fry for few minutes
8. Chop tomatoes
9. Add tomatoes
10. When boiling, add vegetables and enough water to cover them
11. Simmer for 1 hour
12. Add 2 desertspoons garam massala
13. Simmer for 5 minutes
14. Ready to eat