

## Cleaning/Washing Up

### Camping

Put on water to boil while eating.

If possible do some scrubbing of pots while dinner is cooking (but don't get in the cook's way).

#### Steps - plates & cutlery:

1. Scrape out food scraps with scowerer or paper towel so that plate is visibly clean;
2. Wash in hot, soapy water to clean off grease and stuck-on food;
3. Rinse in warm/cool water to remove soap;
4. Dip in boiling water for 1 minute;
5. Spread to air dry or towel dry.

#### Pots & pans:

DO NOT use soap as it will destroy the seasoning of the pot;

Once pan is cold, put warm water in and clean with plastic scowerer;

If foods are baked on, put water in to cover and bring to a boil;

Rinse with hot water;

Dry with paper towel.

Clean stove after it cools down to remove grease and food.

Clean off picnic table/ plastic sheet if there are spills.

### Backpacking

Eat as much as possible of food (since uneaten food must be packed out).

Strain liquid leftovers, putting the liquid in the sump and the solids in a HDZB.

Wipe everything out using TP so that it is visibly clean.

Sterilize at the beginning of next meal by placing in boiling water for 1

minute (2-3 minutes at higher altitudes, may need to add bleach to sterilize at real high altitudes).