

Advice for those about to undertake their first caving trip.

The clothes you wear will get wet and muddy – so don't wear expensive gear or Gore-Tex, or similar, jackets, they will be ruined. Denim jeans get heavy and tight when wet, and so are most unsuitable for caving. Clothing should provide freedom of movement.

Equipment you need to bring:-

- ⊗ Old cagoule & overtrousers;
- ⊗ Warm clothing (fleece/woollen jumpers);
- ⊗ Tracksuit bottoms ("Ron Hill" type);
- ⊗ Wellies are the most suitable footwear. Walking boots are acceptable but will get very wet, and hooks may catch on the wire sides of ladders. Trainers give very little ankle support and are not suitable for caving.

Take:-*

- ⊗ A complete change of clothes to wear after the trip (including underwear);
- ⊗ A towel;
- ⊗ A bin-liner type plastic bag to put your wet/muddy clothes & boots in.

You will be provided with:-

- ⊗ A helmet;
- ⊗ A lamp;
- ⊗ A belt to carry the lamp's battery;
- ⊗ A harness (if appropriate).

These do not need to be separate from the rest of the kit listed overleaf.

Mobile Phones

Please note that mobile phone coverage can be patchy.

Please note that if «Forename» takes a mobile phone to camp, it is solely «Forename»'s responsibility even if an adult is asked to look after it.



www.9thHuddersfieldScouts.org.uk

9th Huddersfield
(Crosland Hill)
Scout Group

«Forename» will need to bring his/her own personal equipment (the enclosed list is a guide). Scouts should be encouraged to find out for themselves what is absolutely necessary. «Forename» should **pack his/her own kit – he/she will have to do this at the end of the stay.**

Equipment Notes

Here is some basic information regarding some of the items you may require. Detailed notes are available – please ask.

Sleeping Bags Synthetic filled bags are easier to clean than natural filling. Zips can be a source of cold if no baffle is fitted.

Footwear Boots give a better ankle support and normally have better soles than shoes if you are hiking.

Warm Wear A number of layers is warmer than one thick one and the warmth can be regulated more easily - do not forget your hands and head.

Waterproofs Please, **waterproof**, not showerproof. These items [jacket & overtrousers] are essential. Basic garments are not too expensive. Ideally buy ones with 'taped seams'.

Torch Do not pack your torch with batteries fitted (or at the bottom of your kit) as it could easily get accidentally turned on and you will arrive at the camp/holiday with flat batteries.

Cake

Would you please be so kind as to bring a cake?

Spending Money

Please adhere to the amount specified on the Information Sheet. This will be quite sufficient for the period of our visit. Remember, this is the *maximum*; you don't have to bring so much if you don't want.

<input type="checkbox"/> Complete uniform <i>See Notes 1 & 3</i>	<input type="checkbox"/> Rucsac/kit bag(s) <i>See Note 2</i>
<input type="checkbox"/> Sleeping bag [not Kettlewell] <i>See Note 3</i>	<input type="checkbox"/> Sleepmat/underblanket [not hostels] <i>See Note 4</i>
<input type="checkbox"/> Warm sweaters <i>See Note 3</i>	<input type="checkbox"/> Pyjamas <i>See Note 3</i>
<input type="checkbox"/> Shorts/trousers (jeans are unsuitable) <i>See Note 3</i>	<input type="checkbox"/> Waterproof jacket & trousers <i>See Note 3</i>
<input type="checkbox"/> Socks <i>See Note 3</i>	<input type="checkbox"/> T-shirt or similar <i>See Note 3</i>
<input type="checkbox"/> Training shoes <i>See Notes 3 & 4</i>	<input type="checkbox"/> Underclothes <i>See Note 3</i>
<input type="checkbox"/> Hankies <i>See Notes 3, 7, & 5</i>	<input type="checkbox"/> Hike boots/strong shoes <i>See Notes 3 & 4</i>
<input type="checkbox"/> Swimming trunks <i>See Note 3</i>	<input type="checkbox"/> Wellies <i>See Notes 3 & 4</i>
<input type="checkbox"/> Mug, plates, cutlery [not hostels] <i>See Note 4</i>	<input type="checkbox"/> Tea towel(s) <i>See Notes 3 & 5</i>
<input type="checkbox"/> Personal first aid kit <i>See Notes 3 & 4</i>	<input type="checkbox"/> Personal wash kit <i>See Notes 3, 4, & 5</i>
<input type="checkbox"/> Torch and batteries (with spare bulbs) <i>See Note 4</i>	<input type="checkbox"/> Toothbrush & toothpaste <i>See Note 5</i>
<input type="checkbox"/> Small game(s) /book(s)/cuddly friend <i>See Notes 3, 4, & 6</i>	<input type="checkbox"/> Towel(s) <i>See Notes 3 & 5</i>
<input type="checkbox"/> Footwear exclusively for indoor use [hostels only]	<input type="checkbox"/> Polythene bags to separate clean/dirty items
<input type="checkbox"/> Hat [for sun protection] <i>See Note 3</i>	<input type="checkbox"/> Coins for phone
<input type="checkbox"/> Sun cream <i>See Notes 3 & 5</i>	

General Notes

1. We would ask that «Forename» travels to and from the camp/holiday in uniform, **correctly worn** (ie shirts tucked in!!).
2. Black bin bags are not suitable for bedding rolls as they tear very easily, with the result that the contents get lost or soiled in transit.
3. Please place wash-proof name labels in all clothing, which should have «Forename»'s name (and "**9th Hudds**").
4. Please label with either indelible ink and/or engraving as appropriate, with «Forename»'s name (and "**9th Hudds**"). (Old favourites of paper labels held on with sellotape, or nail varnish dots are not suitable. The paper labels wash off after the second or third meal, and it's amazing how many mums use the same shade of nail varnish!).
5. Please provide instructions for use.
6. No games or similar items which require batteries to run, please (i.e. radios or cassette players).

Home Contact

Dave Martindale, Tel:

Please only phone the Wharfeside House in an emergency, the telephone is in the wardens' flat and they get fed up with "May I speak to «Forename», please"!!

Should you need to get a non-urgent message to «Forename», please use my mobile: 07887 878 425

Please do not hesitate to contact me should you have any queries.

Dave

Home phone:

Mobile:

e-mail: 9thHuddersfield@ukonline.co.uk